

NOVEMBER 2023

Lightning Hockey 2023-2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Oct 30 3:40-5:40 W <i>Strength 5:50</i>	Oct 31 3:40-5:40 W	1 3:30-4:40 W <i>Strength 4:50</i>	2 3:40-5:20 W <i>Team Meeting 5:30</i>	3 Lightning Scrimmages	4
5	6 7:00-8:40pm W	7 V 3:40-5:10 W JV 5:20-6:20 W <i>Strength 5:30</i>	8 3:30-4:40 W <i>Strength 4:50</i> <i>Parent Meeting 6:00</i>	9 JV/ V 3:40-6:20 W <i>Team Photos</i>	10 @ Hibbing Scrimmages 2:00 R- 11:30 L- 12:00	11
12	13 V 3:30-5:10 E JV/15 5:20-6:20 E	14 @ Bemidji JV 5:30/ V 7:15 R- 2:00 L- 2:45	15 3:30-4:40 E <i>Strength 4:50</i>	16 V 3:40-5:00 W JV 5:10-6:10 W	17 V/JV 3:30-5:10 W	18 Rogers JV 3:00 V 5:00
19	20 V 3:30-5:10 E JV/15 5:20-6:20 E <i>Strength 5:30</i>	21 V 3:40-5:10 E JV 5:20-6:20 E	22 V/JV 3:30-4:40 W <i>Strength 4:50</i>	23 Thanksgiving 	24 Turkey Tourney White Bear Lake JV 5:00 E V 7:00 W <i>10:30am pregame skate</i>	25 Turkey Tourney Blaine JV 11:00 E V 1:00 W
26	27 V 3:40-5:10 W JV/15 5:20-6:20 W	28 Cloquet JV 5:00 V 7:00 <i>Youth Hockey Night</i>	29 V/JV 3:30-4:40 E <i>Strength 4:50</i>	30 V 3:40-5:10 W JV 5:20-6:20 W		

DECEMBER 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 @ Shakopee JV 5:00/ V 7:00 R- 10:00 L- 10:30	2 @ St. Cloud JV 11:00 V 1:00
3	4 V 3:30-5:10 W JV/15 5:20-6:20 W Strength 5:30	5 Rock Ridge V 5:00 JV 7:00 E Girl/Boy Doubleheader	6 V/JV 3:30-4:40 E	7 @ Proctor Hermantown JV 5:00/ V 7:00 R- 2:00 L- 2:45	8 V/JV 4:00-5:20 W Strength 5:30	9
10	11 V 3:30-5:10 W JV/15 5:20-6:20 W	12 Dul-Marshall V-only 6:00	13 V/JV 3:30-4:40 E Strength 4:50	14 V 3:40-5:00 W JV 5:10-6:10 W	15 @ Hibbing JV 5:00/ V 7:00 R- 2:00 L- 2:45	16
17	18 V 3:30-5:10 E JV/15 5:20-6:20 E	19 @ Duluth V 5:00/ JV 7:00 R- 1:00 L- 1:30	20 V/JV 3:30-4:40 E Strength 4:50	21 V/JV 3:30-5:00 W Strength 5:15	22 9:40-11:20 W Family Game	23
24	25 	26 Edina Tourney vs Edina JV 5:15/ V 7:15 practice 11:45 TRIA L- 8:00	27 Edina Tourney TBD	28 Edina Tourney TBD	29 V/JV 11:40-1:00 W Strength 1:15	30 V/JV 11:40-1:00 W

JANUARY 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 V 1:30-3:10 W JV 3:20-4:20 W	2 Brainerd JV 5:00 V 7:00	3 V/JV 3:10-4:40 E <i>Strength 4:50</i>	4 V 3:40-5:00 W JV 5:10-6:10 W	5 Hill Murray JV 5:00 V 7:00	6
7	8 V 3:40-5:10 E JV/15 5:20-6:20 E <i>Strength 5:30</i>	9 V 3:30-5:10 W JV 5:20-6:20 W	10 V/JV 3:10-4:40 W <i>Strength 4:50</i>	11 V 3:40-5:00 W JV 5:10-6:10 W	12 @ Forest Lake JV 5:00/ V 7:00 R- 10:00 L- 10:30	13 @ Elk River JV 1:00 V 3:00
14	15 V 12:30-2:10 W JV 2:20-3:20 W <i>Strength 3:30</i>	16 Superior JV 5:00 V 7:00	17 V/JV 3:10-4:40 W	18 Bemidji JV 5:00 V 7:00	19 V 3:40-5:00 E JV 5:10-6:10 E	20 Andover JV 12:00 E V 2:00 <i>Girl/Boy Doubleheader</i>
21	22 V 12:30-2:10 E JV 2:20-3:20 E <i>Strength 3:30</i>	23 V 3:30-5:10 W JV 5:20-6:20 W	24 V/JV 3:10-4:40 E <i>Strength 4:50</i>	25 V 3:40-5:00 E JV 5:10-6:10 E	26 @ Alexandria JV 5:00/ V 7:00 R- 10:00 L- 10:30	27 V/JV 12:00-1:00 E
28	29 V 3:40-5:10 W JV/15 5:20-6:20 W	30 Duluth JV 5:00 V 7:00	31 V/JV 3:10-4:40 E <i>Strength 4:50</i>			

FEBRUARY 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Hibbing <i>@ Greenway</i> JV 5:00/ V 7:00	2 V 3:40-5:50 E	3
4	5 3:40-5:10 E <i>Strength 5:30</i>	6 3:40-5:10 W	7 3:00-4:40 W	8 Section Quarters 7:00	9 V 3:30-5:00 W	10 Section Semifinal TBD
11	12 3:40-5:00 E	13 3:40-4:50 W	14 3:00-4:40 W	15 Section Final 7:00	16 3:30-5:10 W	17
18	19 3:40-5:00 E	20 V 3:40-5:10 E	21 State Tournament	22 State Tournament	23 State Tournament	24 State Tournament